

A Poem About My Higher Power



By Lena R

This poem is dedicated to everyone who has been chastised for their atheism/agnosticism through thinly-veiled crosstalk. I hope it makes you smile!

A Poem About My Higher Power

If you want sobriety, there's one thing that you must know.
Atheists don't make it. They drown in their egos.
Deep down, they know the truth, and yet they fight, and fight, and fight.
Their heads stuck so far up their butts, they cannot see the light.

Those heathens drown in selfishness. They only see themselves.
Fear not, the answer's present in our book called Twelve and Twelve.
You must find a higher power if you want to kick the booze.
We're spiritual, not religious. So it can be anything you choose!

When I was down and out, passed out and shaking on the floor,
I looked up, and there It was, so bright! The Great Almighty Door.
And nestled mid-way down one side, a beacon for my hand,
The Doorknob made me promises if I followed Its demands.

This Doorknob keeps me sober. This Doorknob is The Way.
I address this Doorknob when I'm on my knees to pray.
It told me that It knew the truth. I listened, undeterred.
It told me I'd go straight to hell unless I preached Its word.

They say when one door closes, out swings another door.
But there is one exception you might not have heard before.
The final door that closes is the last breath that you exhale.
But will another open? Is this the ending of your tale?

In the dark, you'll see a door as high as 40 feet.
An entrance to a world where you can truly feel complete.
It is only the believers that will ever see inside.
For only they will see the Doorknob, nestled mid-way down the side.

I stay sober for the Doorknob. It has taught me how to love.
I'll do anything to open that Big Door High Up Above.
But this is just *my* Higher Power. How will *you* hear God's word?
Just don't tell me you're an atheist. That would truly be absurd!

Lena R. is 27 years old and has 4 years of sobriety at the time of writing this poem. Her home group is a secular group called We Agnostics in North Bay, Ontario. She believes that positive change in AA is an important part of 12th Step work, so she makes a point of being vocal about her atheism. She wants people to know they can live happy, sober lives – with or without god.
