



Sober She-Devils

An Online Secular Women's Meeting of Alcoholics Anonymous

WELCOME PACKET FOR NEWCOMERS

WHO WE ARE

The Sober She-Devils is an international closed secular online women's meeting of Alcoholics Anonymous, welcoming any woman who has a desire to stop drinking. Women attend our meeting from all over the world, from locations in the United States, Canada, Australia, Europe, and Africa to name a few. We recognize that not everyone believes in God or even a higher power; we want to create a safe place for women to express themselves regardless of their world views, beliefs, religion, spiritual experience or rejection of them.

If you are not sure if you are an alcoholic or not sure you want to stop drinking, please refer to the online secular beginner's meetings listed below or locate an "open" meeting in your local AA directory. This meeting is designated "closed" in order to keep it safe for women who know they desire sobriety and who need to feel confident that the others in the group desire the same.

HISTORY OF THE SOBER SHE-DEVILS

In 2017, several online secular AA meetings were being hosted by John S. of AA Beyond Belief (AABeyondBelief.org). A group of women attending those meetings started having informal chats following the meetings. During one of the post-meeting chats, one of them exclaimed, "Wouldn't it be great to have a secular *women's* meeting?" Shortly thereafter, it happened! The first online secular *women's* AA meeting was hosted on September 11, 2017. Then, on January 29, 2018 the Sober She-Devils name was adopted.

[Click Here](#) to listen to an interview by John S. at AA Beyond Belief with four of the original members of the Sober She-Devils (Carol, Maria, Kimberley, Gail) on AA Beyond Belief podcast #116.

SOBER SHE-DEVILS ONLINE MEETINGS

The Sober She-Devils meet online via Zoom twice a week:

- Sunday Morning – 7am PT/8am MT/9 am CT/10am ET
- Monday Evening – 6pm PT/7pm MT/8 pm CT/9pm ET

See links to the Zoom meetings on SecularAA.org: <https://secularaa.org/online-meetings/>

SECULAR BEGINNERS' MEETINGS

There are two Secular AA online beginners' meetings:

- "12 Steps for Atheists & Agnostics" – Sundays – 4pm PT/5pm MT/6 pm CT/7pm ET
- "Living Sober" – Wednesdays – 4pm PT/5pm MT/6 pm CT/7pm ET

See links to the Skype voice call meetings on SecularAA.org: <https://secularaa.org/online-meetings/>

PRIVATE FACEBOOK PAGE

[Click Here](#) for instructions on how to join the private Sober She-Devils Facebook page.

Short version: send a friend request to Sheila Deva (www.facebook.com/sheila.deva.33) and we'll invite you to the private Facebook page.

RESOURCES

[Click Here](#) for a link to Google Sheets document listing recommendations from Sober She-Devils members of books, podcasts, secular AA websites and other information that has helped them in their recovery. The link is live, so we encourage people to add information directly.

FURTHER INFORMATION

If you have any questions about our group or meetings, please use the chat box during the Zoom meeting or wait until the end of the meeting when we stay on the line for informal discussion. We can take your questions then and/or share contact information.