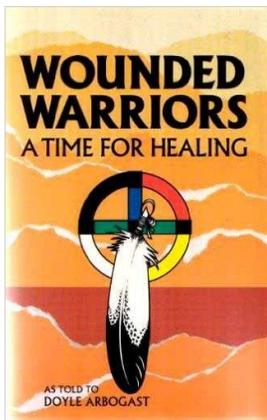


Earnie Larsen - Stage II Recovery.

This book seems to come from a 12 step background but the approach here is that our addictions are like bad habits that need to be un-learned. It is easier to make sense of this than most AA books. And only 100 pages.

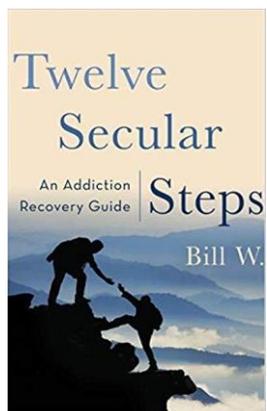
Stage II – that’s once we have been sober for a bit, and the real work begins.



Wounded Warriors, by **Doyle Arbogast.**

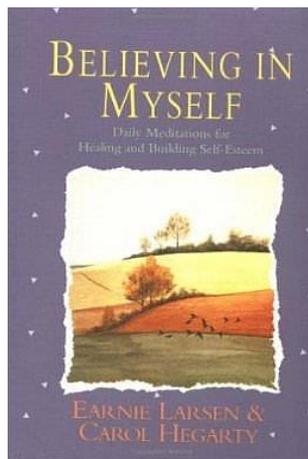
This is a book by American Indians, and associated with the Red Road recovery program. This book is raw. It made me realize how sanitized regular AA literature is. This may be the most powerful book about alcoholism, addiction, and recovery I have read.

Honest in a whole different way



Twelve Secular Steps by **Bill W** (not *that* Bill)

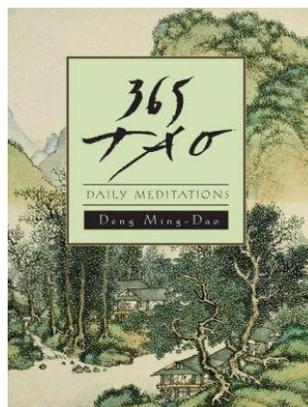
This book feels a bit academic at times, which may make it a bit less accessible for some, but it is a very good book on how to work the steps for folks who want to focus their recovery on a secular version of the 12 steps.



Believing in Myself by **Earnie Larsen & Carol Hegarty.**

Though there is a tiny little bit of god stuff in there, this is a very thoughtful book well worth using as a daily reader on most days. Particularly helpful for those of us who already had our egos flattened in childhood, and

need empowerment more than ego deflation.

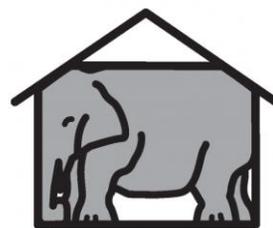


365 TAO by **Deng Ming Dao.**

A very good daily reader. A spiritual but not religious book – really – and one of the very few I have come across so far. Focused on general living, not directly on recovery. But that’s ok.

For a printable copy of this and other pamphlets, please email lifej@mcn.org

Rev. 09-11-19



ELEPHANT IN THE ROOM
WHAT WE'RE NOT TALKING ABOUT

Here’s Some Other AA Literature

Books written by and for agnostic, atheist, freethinker and secular members of AA, and a couple of other good recovery books which go easy on the god stuff.

Picked by life-j

Only one of the books in here is so-called “AA General Service Conference Approved”. We finally had to look for other resources, and begin to write our own, too.

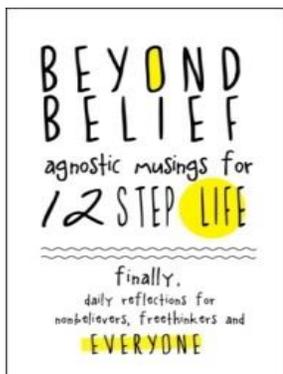
But now there is, finally, also a Grapevine book for us.

You will find reviews of, and links to some of these books at:

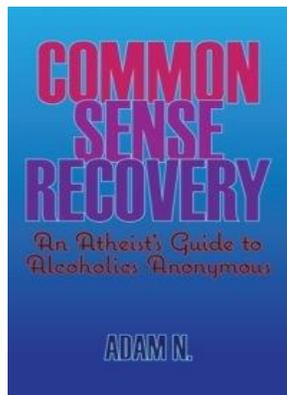
aaagnostica.org, and **aabeyondbelief.org**

I would like to encourage you to also visit these sites for weekly articles, and lively discussions.

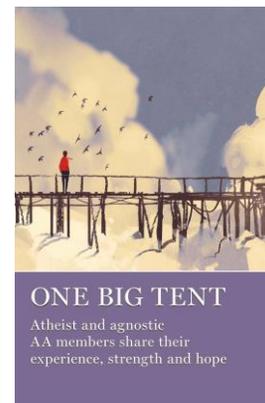
I think it all started with the need for a new daily reader, since the Daily Reflections contain an awful lot of religion, and most of the entries are not even that good.



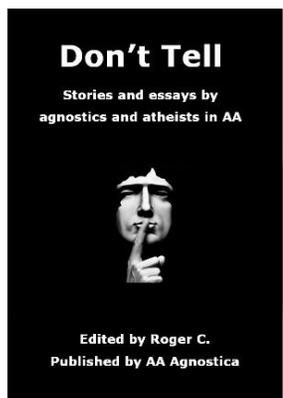
So to remedy that **Joe C** wrote **Beyond Belief**. It takes you to areas of recovery most AA literature doesn't. Intensely philosophical at times, but very well done. Published by Rebellion Dogs.



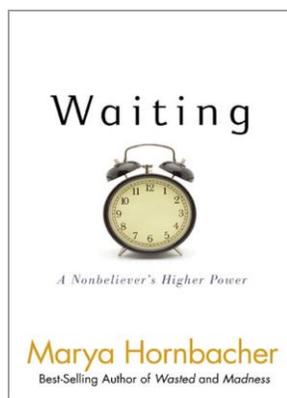
Common Sense Recovery by **Adam N.** An Atheist's Guide to Alcoholics Anonymous. A really good little book about what does and doesn't make AA work.



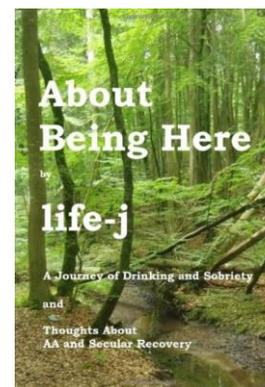
And finally we now have **One Big Tent** 4 years in the making and 40 years coming, here's a **Grapevine book** with stories by atheists and agnostics in AA. Well done, Grapevine!



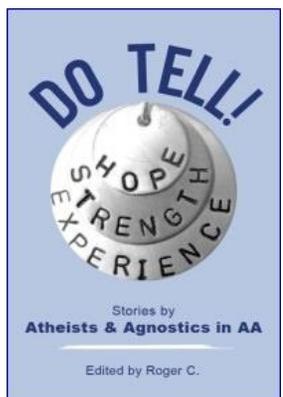
Next, from **AA Agnostica** came **Don't Tell**, Edited by **Roger C.**, stories and essays by agnostics and atheists in AA. A very good read. A book with many essays and personal stories about coming out as a sober agnostic in AA, how it feels, and how our relationship with regular AA plays out.



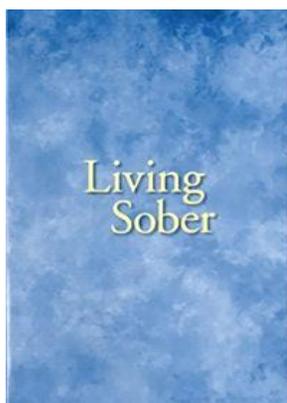
Waiting by **Marya Hornbacher**, an excellent little book which interprets the steps from a non-believer's perspective.



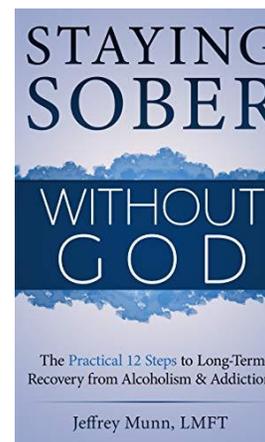
About Being Here by **life-j** A collection of the best of life-j's articles written since 2013 for aagnostica and aabeyondbelief, plus a few stories about what it used to be like. Available on Amazon



It was followed up by **Do Tell**, edited by **Roger C.** A book of experience, strength and hope. This book focuses more just on what it's like to be a sober agnostic, and how we work our program.



But let's not forget that **AAWS** puts out at least one good secular book: **Living Sober**. Some meetings it seems like they don't even know it. Maybe some people are trying to hide it to protect god.



Staying Sober Without God, by **Jeffrey Munn**.

This is probably the best book about recovery within a modified 12-step program there is right now.

Find listings of secular, agnostic, atheist, and freethinkers meetings at secularaa.org

The wording "AA Conference Approved" does *not* imply disapproval of other literature. Meetings, groups and individuals are free to use any literature they find helpful for their recovery.

Here are few other books we have found very helpful for general recovery, including a couple of good daily readers: